

THE RENAISSANCE WAY

THE 5 PRINCIPLES FOR LIVING A RENAISSANCE LIFE & "MAKING LIFE A MASTERPIECE"

"Great people have left maps & clues for us to find, we just need to search for the maps that will help us make our lives masterpieces." ~Rosalee Laws



QUEST TO "KNOW THYSELF"

WE MUST SEARCH THE DEEPEST PART OF OURSELVES WITHIN TO DISCOVER THE UNIQUENESS OF OUR OWN LIFE UNFOLDING.

LESSONS LEARNED ADVERSITIES OVERCOME PAST PRESENT FUTURE

MAPPING WHERE YOU'VE BEEN WHERE YOU ARE WHERE YOU WANT TO GO

KNOW BEHIND EVERYWANT IS REALLY HOW YOU WANT TO FEEL **KNOW YOUR NEEDS AND TO WHAT DEGREE**

YOUR HORIZONS - BIRD TO BUG **CERTAINTY UNCERTAINTY CONNECTION/LOVE**

HOW YOU USE TO **PLAY** **SIGNIFICANCE GROWTH CONTRIBUTION FREEDOM**

PHYSIOLOGICAL NEEDS - AIR, FOOD, WATER, SLEEP, SEX, HOMEOSTASIS, EXCRETION **KNOW YOUR EMOTIONAL TENDENCIES AND SCALE**

KNOW THE KNOWLEDGE & WISOM OF A WELL DESIGNED UNIVERSE THAT YOU ARE PART OF

BODY, MIND, SOUL/ENERGY 3 LEVELS OF PURPOSE **GROW YOUR SOUL SPECIFIC LIFE'S PURPOSE/ THEME PURPOSE TODAY**

recognize understand articulate your innate talents and apply these to your greatest passion.

QUEST TO GROW LIFE

A PERSON BUILDING THEMSELVES UP TO COME INTO THEIR OWN, AND HIGHLIGHT THEIR INDIVIDUALITY THAT THEY ARE **ALWAYS LEARNING ALWAYS GROWING**

PURSUE GROWTH AND LEARNING **give give get**

BEING A DESCENT HUMAN BEING GROW EVERY LIFE YOU TOUCH A SMILE A NOD **DREAM BELIEVE DARE DO GROW**

BALANCE BETWEEN BECOMING BEST SELF & EMPATHY FOR ALL OF HUMANITY

Connessione - A recognition of and appreciation for the interconnectedness of things (I would call this integration) applying things from one discipline to the other.

FOSTER PERSONAL GROWTH, BUISNESS GROWTH, IMPROVE THE LIVES OF OTHERS IN ALL WE DO

PREMINENCE **BE A SEED IN THE MINDS AND HEARTS OF OTHERS**

towards growth of human self and soul increase life never diminish another **BE CREATORS**

QUEST TO LIVE IN THE LIGHT

pursuit of **TRUTH** **constructive thoughts not destructive**

PROVIDE **RELIEF** FOR OTHERS IN PAIN **attitude through the eyes of love**

Dimostrazione - BROTHERLY LOVE **gratitude** Be insatiably curious

Committing to testing knowledge through experience, persistence, and learning from mistakes **continuous pursuit of knowledge**

constructive work not destructive **grateful recognize what you have create more of it** **Be Grateful.** film negatives

Sfumato - Translated as "going up in smoke". Being willing to **Light & Learning Turning dark into light** Look for positive ends of the spectrum

Spend most of your time in your head in a place of **peace, powerful, connected, abundance**

Live in the **LIGHT** **Curiosita** - A quest to continually learn

The world is just neither good nor bad, its just **always growing.**

Do not fear showing all sides in the light - "Here I stand in the light of day"

QUEST TO BECOME "CAPTAIN AND COMMANDER"

old fashion discipline **Sensazione** - Refining the senses **master yourself SELF MANAGEMENT**

hold yourself to higher standards **exhibit POISED SERENITY** **True. Listening**

Arte/Scienza - Balancing science and art, logic and imagination

Put simply working towards power over yourself. **Set an example**

"as we let our own light shine, we unconsciously give others permission to do the same"

EFFICIENCY **Clear Communication**

realize your gives us capability to achieve greatness. **"wisdom is avoiding all thoughts that weaken you"**

Be like water **SEEKS TO MAKE GOOD MEN BETTER** **personal responsibility listen, to learn**

don't pay too much attention to what's going on around you. **knowing the fundamentals & rules so you can break them**

BUILD OPEN AND HONEST RELATIONSHIPS WITH COMMUNICATION **Embrace Adaptability and Drive**

BE PASSIONATE AND DETERMINED **Corporalita** - Cultivating grace, ambidexterity, fitness, and poise

Dimostrazione. **Arte/Scienza**- humanities, focus thoughts

BIAS TOWARD ACTION NOT PERFECTION COURTSEY **wisdom to understand others**

PERSPECTIVE & CONTROL **DO MORE WITH LESS BE HUMBLE** **horizons of focus**

"dont die with your music still inside you" **Dreams to Reality**

get Comfortable with being uncomfortable. **Do More With Less**

know what you strive towards/ your ideal moments days life **surround yourself with the best of the best, use it as inspiration to find YOUR best**

QUEST FOR MAGICAL MOMENTS

we dont remember the days we remember moments

outside, inside, up or down **enjoying the journey enjoy the process**

get your smiles on (lose the frown!)

it's time to ... **NEVER LOSE YOU CHILD LIKE ENTHUSIASM**

go exploring **BE CURIOUS** **Lighten up**

ADULTS HAVE DREAMS TOO! **draw PICTURES :: read BOOKS** **EAT ICE-CREAM. make a mess**

SING :: DANCE :: LAUGH :: CRY :: COLOR **PLAY** **RUN JUMP SPIN SKIP DANCE DREAM SWING CLAMBER CLIMB FIND**

Imaginations & Enthusiasm

CREATE FUN AND A LITTLE WEIRDNESS

aha moments **hide and seek, tag, hopscotch marbles, kiss chasey, ring around the rosie, jump rope!**

blow raspberries & kisses **SAY I LOVE YOU** **Don't take life too too seriously youll never get out alive.**

BE ADVENTUROUS, CREATIVE, AND OPEN-MINDED